

August	September	October	November	December	January	February	March	April	May
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

# St. Rita School for the Deaf Lunch Menu

# 2021-2022

Monday Week 1	Tuesday	Wednesday	Thursday	Friday	<p><b>Prices and Instructions</b></p> <p>Lunch Price:\$3.00 Extra Milk Price:\$.50 Extra Juice Box \$.25</p> <p>This is a 5-week cycle menu with each week represented by a color. Follow the menu with its calendar day.</p> <p><b><u>Daily Offerings</u></b></p> <p>Fruit and Vegetables LF Cottage Cheese &amp; Yogurt All breads are whole grain Choice of Milk 1% white or Fat Free Chocolate</p> <p>If you have questions or comments, call: Neka Freeze 513-771-7600 nfreeze@srsdeaf.org</p> <p>*Menu items may contain food allergens *Menu is subject to change due to availability. This institution is an equal opportunity provider and employer.</p>
PreK-12 Chicken Nuggets Corn Fruit	PreK-12 Grilled Cheese On WG Bread Broccoli Fruit	PreK-12 Mini Corn Dogs Mix Vegetables Fruit	PreK-12 Turkey Sausage & Pancake Stick Hash browns Fruit	PreK-12 Pizza Cheese or Pepperoni Peas Fruit	
Monday Week 2	Tuesday	Wednesday	Thursday	Friday	
PreK-12 Hot Dog/ Coney's on Bun Baked Beans Fruit	PreK-12 Chicken Pizza Quesadilla Corn Fruit	PreK-12 Chicken & Dumplings Roll Mashed Potatoes Fruit	PreK-12 Sloppy Joe Sandwich Cali Blend Fruit	PreK-12 Boneless Chicken Wings Green Beans Fruit	
Monday Week 3	Tuesday	Wednesday	Thursday	Friday	
PreK-12 Chicken Patty Sandwich on Bun Mix Vegetables Fruit	PreK-12 Taco Refried Beans Corn Fruit	PreK-12 Mini Corn Dogs Carrots Fruit	PreK-12 Chicken Alfredo with Pasta Breadstick Broccoli Fruit	PreK-12 Cheese Pizza K-12 Buffalo Chicken Calzone Green Beans Fruit	
Monday Week 4	Tuesday	Wednesday	Thursday	Friday	
PreK-12 Chicken Nuggets Carrots Fruit	PreK-12 Chicken Quesadilla Corn Fruit	PreK-12 Cincy Chili 3-Ways Garlic Bread Green Beans Fruit	PreK-12 Cheeseburger French Fries Broccoli Fruit	PreK-12 Pizza Cheese or Pepperoni Peas Fruit	
Monday Week 5	Tuesday	Wednesday	Thursday	Friday	
PreK-12 Grilled Chicken Sandwich On Bun Cali-Blend Fruit	PreK-12 Beef and Cheese Taco Stick Corn Fruit	PreK-12 Fish Sticks Carrots Fruit	PreK-12 Mac & Cheese Broccoli Fruit	PreK-12 Cheese & Beef Pepperoni Calzone Peas Fruit	

